

# Centennial Place Newsletter

705-932-4464

<https://www.centennialplace.com> **AON** Inc. Where community develops.



## A Note from Life Enrichment

It's a new month and a new year! Happy 2025 to all! We would like to thank everyone who made December so special. From our generous community, families, volunteers and friends we appreciate all who made contributions to make Christmas Day special. We truly live in a wonderful community. Thank you, thank you thank you. January is sure to be fun too! We have an Elvis Day planned for January 8th. Join our LEA team in the Fireside Lounge for some rockin' karaoke and facts on the 'King'. The party starts at 2:15pm, don't forget your blue suede shoes! Men's Breakfast returns after a brief holiday break. The Lions Club will be serving up a hot breakfast in the Harvest Activity Room January 16th at 8:00am. We are also celebrating the Lunar New Year in the Fireside Lounge on January 29th at noon. Residents who would like to dine in the Fireside Lounge for a catered lunch, please sign up with Life Enrichment Team prior to the event. Other January calendar highlights include a Tim Hortons Drive Thru set up in the Fireside Lounge on January 13th at 2:30pm and the screening of the cinematic classic, The Wizard of Oz on January 27th at 6:30pm. For a full list of programming this month please see our programs calendars. For any questions please see Nicole or Michelle in the Life Enrichment office or by calling extension 311/318. We wish everyone a wonderful 2025!



### January Bus Outings

January 8th:

#### **Lunch at Nannyberrys**

Peterborough

January 22nd:

#### **Scenic Drive**

Cavan Monaghan Township

### January Entertainment

January 10th:

#### **Randy Read**

2:30pm

January 20th

#### **Jimmy's Old Time Radio Show**

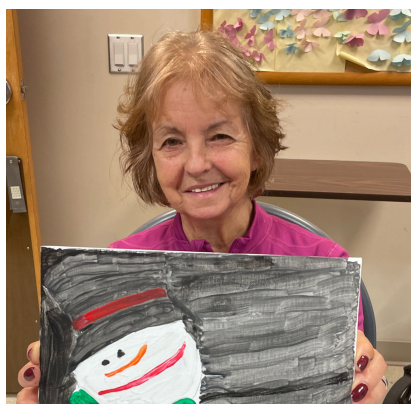
6:30pm

January 31st

#### **Birthday Party Show with**

**Lon Palmer**

2:00pm



# Environmental Services Supervisor

Happy New Year everyone! It's hard to believe another year is behind us -2024 certainly was a busy one!

Each resident room has a red emergency outlet in the event the power goes out. If possible, please do not block this with large furniture so you can access this if the power does go out.

As we enter into the traditional "Flu" Season, we are being pro-active and Environmental Services staff are focusing on disinfecting and sanitizing around the building. Proper hand hygiene such as hand washing and using hand sanitizer is one of the best methods for keeping you healthy.

Have a great 2025!

## Kevin Kellow

Environmental Service Supervisor



Lily Larose



### January Birthdays

- Ed Fisher - 04
- Chris Ruhl - 11
- Jim Levac - 12
- Dot Agnew - 20
- Lila Smith - 22
- Richard Maracle - 22
- Willie Eeuwes - 27
- Jerry Larose - 27
- Doris Reynolds - 30
- Betty McClure - 30



*\*If your loved one has not signed our media consent forms, you will not find them in photos or lists in our newsletter.\**

# Director of Dietary Services

On behalf of the dietary department, I would like to welcome all the residents and their families who joined our home this month.

We will be having a special New Years Day Dinner as per the residents' request. Menu as follows:

*Roast Beef Tenderloin with Horseradish*

*Yorkshire Pudding & Gravy,*

*Roasted Sweet Potato Wedges*

*Sauteed Onions & Peppers*

*Dessert is Plum pudding with Warm Caramel Sauce*

An alternate choice will be available as well.

Our next Food Committee meeting will be January 20, 2025, in the Trail Dining Room. I hope to see you there!

Happy New Year from the Dietary Team!

## Vicki Coppins, CNM

Director of Dietary Services



## ROASTED RED PEPPER HUMMUS

### Ingredients

**1 red pepper, halved and seeded**

**1 15-oz can chickpeas, rinsed**

**1 small clove garlic, finely chopped**

**1/4 c. tahini**

**2 Tbsp. fresh lemon juice**

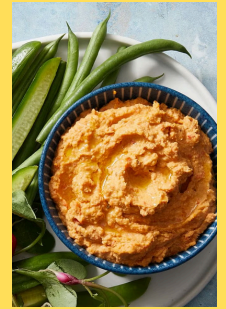
**1/2 tsp. smoked paprika**

**1/4 tsp. ground cumin**

**Kosher salt and pepper**

**Fresh dill, for sprinkling**

**Crackers and vegetables, for serving**



### Directions

#### Step 1

**Heat broiler. Place pepper, cut sides down, on a rimmed baking sheet and broil until charred, 4 to 5 minutes. Transfer to a bowl, cover, and let sit until cool enough to handle. Peel off and discard skin.**

#### Step 2

**Transfer peppers to a food processor, along with chickpeas, garlic, tahini, lemon juice, paprika, cumin, and 1/4 tsp each salt and pepper and puree until smooth. Sprinkle with dill and serve with crackers and vegetables for dipping.**

<https://www.goodhousekeeping.com/food-recipes/easy/a30473519/roasted-red-pepper-hummus-recipe/>



7421

**RAFFLE  
UPDATE**

7421

Family Council raised \$870!

Thanks to everyone who bought a raffle ticket and congrats to our winners!

The money raised from fundraising efforts contribute to the construction of a new shade shelter at Centennial Place!



Residents and Staff would like to extend their condolences to the families and friends of:

Marliene Cameron

John deLaPlante

# Leadership Directory



**Courtney Jilesen**- Administrator  
Ext 305



**Victoria Woudsma**- Director of Care  
Ext 301



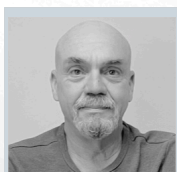
**Leslie Goble**- Associate Director of Care  
Ext 302



**Brittany Thorn**-Director of Resident &  
Family Services  
Ext 312



**Vicki Coppins**-Directory of Dietary  
Services  
Ext 304



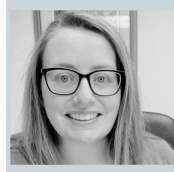
**Kevin Kellow**- Environmental Services  
Supervisor  
Ext 316



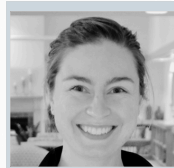
**Mallory Adams**- Office Manager  
Ext 313



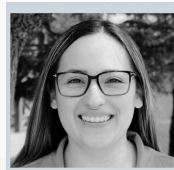
**Allison Houser**-RAI Coordinator  
Ext 310



**Lisa van Bruinessen**- Behavioural  
Supports Coordinator  
Ext 303



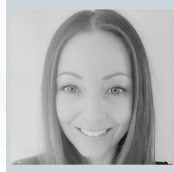
**Nicole Vrooman**- Life Enrichment  
Coordinator  
Ext 311



**Michelle Erazo**- Life Enrichment  
Coordinator  
Ext 318



**Corinne Buntsma**- IPAC Lead  
Ext 323



**Jami McLeod**- PSW Supervisor  
Ext 306



**Alexandra Rawek**- Social Service  
Worker  
Ext 307



**Julie Parcels**  
Quality Risk Nurse  
Ext. 302

## Online Resources

### **Alzheimer Society**

[www.alzheimer.ca](http://www.alzheimer.ca)

### **Canadian Diabetes Association**

[www.diabetes.ca](http://www.diabetes.ca)

### **Heart and Stroke Foundation**

[www.heartandstroke.ca](http://www.heartandstroke.ca)

### **The Arthritis Society**

[www.arthritis.ca](http://www.arthritis.ca)



To view Centennial Place Happenings you can  
access AON TV by visiting the link below:  
<https://www.centennialplace.com/aon-tv/>

