

Centennial Place Newsletter

705-932-4464

<https://www.centennialplace.com> Where community develops.



A Note from Life Enrichment

February is such a LOVE-ly month! We are looking forward to what the groundhogs have to say (we have our fingers crossed for an early spring) and spending time with family on Family Day. We welcome many community groups this month to Centennial Place, such as the 1st Bethany Girl Guides on the evening of February 11th , Peterborough Sports Hall of Fame on February 13th at 11am , EarlyON on February 14th at 10:30am. Zumba Jasmine also joins us on Valentine's Day for a Singing Celebration. If you are looking for a fun family activity on Family Day please consider joining us for Friends and Family BINGO on Monday February 17th at 2:30pm in the Fireside Lounge. We will have prizes, snacks and of course lots of fun! Please RSVP by February 14th. Men's Breakfast will take place on Thursday February 20th at 8am in the Harvest Activity Room. If this is an event that interests you please let Life Enrichment know and your name can be included on the list. This month our All Around the World Social takes us on a trip into our own backyard and we explore Peterborough from the comfort of the Fireside Lounge! On the 26th we will be holding a indoor bowling tournament if you are feeling lucky and want to test your skills come on down! We are looking forward to all that this month has to offer. If you are looking for a more detailed summary of programs this month please reference the programs calendars. For any questions related to programming or outings please call Michelle or Nicole at extension 318/311!



February Bus Outings

February 10th
**Slots & Dinner at Kawartha
Downs**

February 28th
Scenic Drive

February Entertainment

February 7th
Lawrence Marks - 2:30pm

February 14th
Jasmine Murray- 2:30pm

February 19th
**Evening Entertainment with
Craig - 6:30pm**

February 28th
Birthday Party with Kathy-

2:30pm



Office Manager

Resident Tax Returns for 2024

Hello! It is tax season again and time to file 2024 tax returns! We are pleased to provide a Summary of Accommodation Charges for the calendar year of 2024 for all accommodation charges as well as some tax tips for 2024. The tax receipt and the tax tips sheet will be mailed out with the February billing.

The Summary of Accommodation Charges represents the qualifying payments made in 2024 in respect to residency at Centennial Place Long Term Care Home. It is supplied to assist you and/or your accountant in preparing and filing 2024 T1 personal income tax return, including claiming tax credits for which they may be eligible.

Please do not hesitate to contact me if you have any questions or require further information.

Mallory Adams

Office Manager

Meet Mabel!

Mabel will be coming for visits in the very near future! Mabel is a super cute and friendly chocolate lab puppy who can't wait to come and spread some joy! If you see Mabel in the hallways say hi and give her a pat!



Welcome



Patricia Issac



Noreen Kirkland



Raye Flatt



Joe Giroux



Aaron Robbins



Environmental Services Supervisor

This month, we will be testing the fire alarm system. Dyson Alarms staff does an annual check of our fire system including all detectors, fire panels, and alarm devices to ensure the fire safety system is operating properly. The alarm in all resident rooms will be briefly tested and the fire alarm will ring occasionally.

You may have noticed our Housekeeping staff cleaning and sanitizing throughout the building. As part of our increased Infection Control measures, we have additional staff cleaning handrails, public areas, and any contact surfaces. We hope with these extra efforts to keep everyone healthy over the winter season.

Kevin Kellow

Environmental Services Supervisor

February Birthdays



Regina Reford- 01

Wayne Gerrie- 03

Alvira Copping-05

John Cummings-13

Joe Walsh-15

Leanne Armitage-16

Jean Monteith-21

John Parkinson-22

Sylvia Armstrong-23

Raye Flatt-25

Nelly Bullee-26

If your loved one has not signed our media consent forms, you will not find them in photos or lists in our newsletter.

Director of Dietary Services

On behalf of the dietary department, I would like to welcome all the residents and their families who joined our home this month.

In February we will be celebrating:

DIETARY STAFF APPRECIATION WEEK FROM FEBRUARY 3 - FEBRUARY 7TH!

Thank you to all the Nutrition Services Staff for their hard work and dedication to the residents of Centennial Place. We truly appreciate you going above and beyond to provide nutritious and delicious food to the residents and staff!

On February 14th, Valentine's Day we will be having a special menu to celebrate.

Our next Food Committee meeting will be February 10, 2025, at 1:30pm in the Trail Dining room. I hope to see you there!

Vicki Coppins, CNM

Director of Dietary Services

Resident Taste Test Approved!



Fruit Tarts

Yield: 20-24

For the Crust:

- 1 1/3 cup plus 1 tablespoon all-purpose flour
- 1/2 teaspoon baking soda
- 1/4 teaspoon baking powder
- 1/2 cup butter, softened (4 oz or 1 stick)
- 3/4 cups white sugar
- 1 egg yolk
- 1/2 teaspoon vanilla extract

For the Filling:

- 1- 8oz block of cream cheese, softened
- 2 cups powdered sugar
- 1/2 teaspoon vanilla extract
- Fresh fruit for topping

Instructions

For the Crust:

1. Grease a mini-muffin tin, set aside. Preheat oven to 350F.
2. In a large bowl cream together the butter and sugar.
3. Add the egg yolk and vanilla and mix until smooth and fluffy.
4. Add the flour, baking soda & powder to a small bowl, stir together and then add to the butter mixture.
5. Mix until well combined (dough may seem crumbly.)
6. Use a small cookie scoop to portion 1 1/2 inch balls of dough, and use your hands to roll them into a smooth ball. (I found the dough seemed dry until I rolled each scoop by hand.)
7. Portion a dough ball into each of the wells of your pan, and press down slightly.
8. Bake for 8-10 minutes or until the edges are golden. Allow to cool before removing from the pan.

For the Filling

1. Cream together the cream cheese and powdered sugar until thick and smooth. Add the vanilla extract.
2. Pipe or spread the filling into the cooled cookie shells. Top with fresh fruit.
3. Store in the fridge until ready to serve.

Source:

<https://www.thebakerchick.com/mini-sugar-cookie-fruit-tarts/#mv-creation-42-jtr>



Family Day

Friends & Family Afternoon

BINGO

Join us for fun & prizes!
Monday February 17th 2025
2:30pm!

Please RSVP by calling the Life Enrichment
Department
705-932-4464 x311/318
by Friday February 14th 2025

Director of Resident & Family Services

Just a friendly reminder that if you are bringing in clothing for your loved ones, it must be labelled before it goes to their room. Please leave the items at front reception to be sent down to laundry, and we will ensure it gets to the right closet!

If you notice your loved one is missing clothing items, please inform a staff member, so we can follow our procedure for lost items.

When a missing item is reported to a staff member, this information will be documented on a Resident Incident Report, and an entry will be made to the "Lost & Found Items Posting" which is to be posted in each Care Centre. Nursing staff will search resident rooms to attempt to locate the missing item.

All staff reporting to home area will check the Lost or Found Item Posting and look for items during their shift.

Brittany Thorn

Director of Resident & Family Services



**Residents' Council
Next Meeting:
Monday February
10th 2025
Trail Dining Room**

**Family Council
Next Meeting:
Wednesday March
12th 2025
11:15am
Chapel**



Residents and Staff would like to extend their condolences to the families and friends of:

- Wilma Johnston
- Jesse Garrett
- Lyle Frederick
- Joseph 'Tim' Vautour



Leadership Directory



Courtney Jilesen- Administrator
Ext 305



Victoria Woudsma- Director of Care
Ext 301



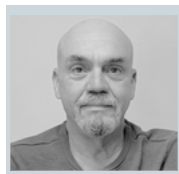
Leslie Goble- Associate Director of Care
Ext 302



Brittany Thorn-Director of Resident &
Family Services
Ext 312



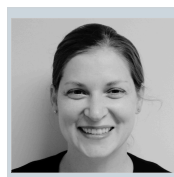
Vicki Coppins-Directory of Dietary
Services
Ext 304



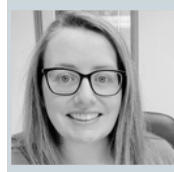
Kevin Kellow- Environmental Services
Supervisor
Ext 316



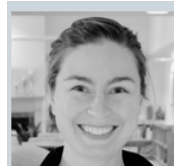
Mallory Adams- Office Manager
Ext 313



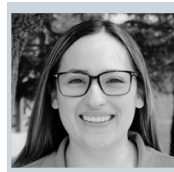
Allison Houser-RAI Coordinator
Ext 310



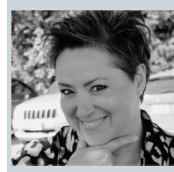
Lisa van Bruinessen- Behavioural
Supports Coordinator
Ext 303



Nicole Vrooman- Life Enrichment
Coordinator
Ext 311



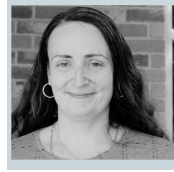
Michelle Erazo- Life Enrichment
Coordinator
Ext 318



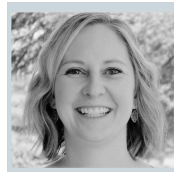
Corinne Buntsma- IPAC Lead
Ext 323



Jami McLeod- PSW Supervisor
Ext 306



Alexandra Rawek- Social Service
Worker
Ext 307



Julie Parcels
Quality Risk Nurse
Ext. 302

Online Resources

Alzheimer Society

www.alzheimer.ca

Canadian Diabetes Association

www.diabetes.ca

Heart and Stroke Foundation

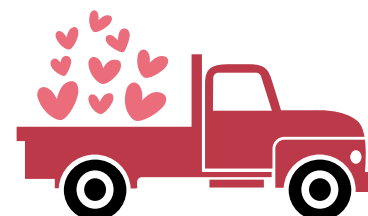
www.heartandstroke.ca

The Arthritis Society

www.arthritis.ca



Where community develops.



To view Centennial Place Happenings you can
access AON TV by visiting the link below:
<https://www.centennialplace.com/aon-tv/>