






July 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		LOCATION LEGEND AHA - All Home Areas C - Chapel T - Trail Dining Room M - Millpond Dining Room HV - Harvest Dining Room H - Heritage Dining Room FL - Fireside Lounge OS - Outside CY - Courtyard	Tuck Shop Hours Tuesday's 11:00-12:00 Fireside Lounge Wednesday's In Each Home Area 		1 Canada Day 9:00 Calendar Visits 11:00 Canada Day Party Decorating 2:30 Canada Day Party! AHA (CY)	2 10:30 Coffee Corner (FL) 10:45 Celebrity Hour 2:30 What's In The Bag
3	4 10:30 Garden Club 1:30 Physio Exercises (HV) 2:30 Pigs In A Blanket (HV) 3:30 Virtual Reality	5 10:00 Small Hooves, Big Hearts Pony Visit (OS) 1:30 Physio Exercises (HV) 2:30 Bingo (M)	6 10:30 Card Games 11:30 Bus Outing AHA - Peterborough Lift Lock Cruise *Must Sign Up* 1:30 Physio Exercises (HV) 2:30 Bocce Ball AHA (FL)	7 1:30 Physio Exercises (HV) 2:30 Popsicle Party (CY) 6:30 Evening Stroll	8 9:30 Friendly Visits with Sierra 10:30 Firefly Jars AHA (T) 12:00 BBQ Lunch with Entertainment by Sean Roberts *Must Sign Up* 1:30 Physio Exercises (HV) 2:00 Catch of the Day 2:15 Seated Zumba (FL)	9 10:30 Coffee Corner (FL) 2:30 Beauty Hour
10 10:30 Montessori Hour 2:00 Root Beer Floats 3:30 Friendly Visits with Michelle	11 10:00 Music with Yara (FL) 1:30 Physio Exercises (HV) 2:30 Table Games 6:30 Movie Night	12 10:30 Chapel Service with Gaitree (C) 10:30 Walking Club 1:30 Physio Exercises (HV) 2:30 Bingo (M)	13 9:30 Bus Outing AHA - Fishing at Shimano Fishing Pond *Must Sign Up* 1:30 Physio Exercises (HV) 1:30 Bus Outing AHA- Lavender Fields *Must Sign Up* 2:30 Bowling AHA (FL)	14 1:30 Physio Exercises (HV) 2:00 Art Class with James (FL) 2:15 Bike Rides AHA 6:30 Campfire Night with Entertainment by Phil & Glen (FL)	15 10:30 Christmas In July (FL) 1:30 Physio Exercises (HV) 2:30 Patio Drinks AHA (CY) 3:30 Hand Massages	16 10:30 Coffee Corner (FL) 10:45 Finish That Lyric 2:00 Birthday Committee Meeting (T) 2:30 Who am I?
17 	18 10:30 Garden Club 1:30 Physio Exercises (HV) 2:30 Men's Group 3:30 Virtual Reality	19 10:30 Chapel Service with Gaitree (C) 10:30 Paint By Number (CY) 1:30 Physio Exercises (HV) 2:30 Bingo (M)	20 10:30 Craft Corner 1:30 Physio Exercises (HV) 2:00 Scenic Bus Drive 2:30 Axe Throwing AHA (FL) 6:30 Bus Outing AHA - Peterborough Music Fest - The Last Waltz	21 11:00 Catholic Mass with Fr. Tony (C) 1:30 Physio Exercises (HV) 2:00 Art Class with James (FL) 2:30 Dog Visits with Shep 6:30 Movie Night	22 9:30 Friendly Visits with Sierra 10:30 Pottery Hour AHA (T) 12:00 BBQ Lunch with Entertainment by Robert D'Cruz *Must Sign Up* 1:30 Physio Exercises (HV) 2:00 Sing-A-Long 2:15 Seated Zumba (FL)	23 10:30 Coffee Corner (FL) 2:30 Beauty Hour
24 10:30 Montessori Hour 2:30 Nature Bingo (OS) 3:30 Friendly Visits	25 10:00 Resident Council & Food Committee Meeting (C) 1:30 Physio Exercises (HV) 2:30 Around The World - France AHA (FL) 6:30 Pub Night	26 10:30 Chaplain Visits with Gaitree 10:30 Walking Club 1:30 Physio Exercises (HV) 2:30 Bingo (M)	27 9:30 Bus Outing AHA - Cobourg Beach *Must Sign Up* 1:30 Physio Exercises (HV) 2:00 Scenic Bus Drive 2:30 Parachute AHA (FL)	28 1:30 Physio Exercises (HV) 2:30 Birthday Party with Entertainment by Rob & Carling (FL) 6:30 Movie Night	29 10:30 Lolli Pop Social AHA (HV) 1:30 Physio Exercises (HV) 2:30 Patio Drinks AHA (CY)	30 10:30 Coffee Corner (FL) 10:45 Reading Club 2:30 What's That Sound
31						



July 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		LOCATION LEGEND AHA - All Home Areas C - Chapel T - Trail Dining Room M - Millpond Dining Room HV - Harvest Dining Room H - Heritage Dining Room FL - Fireside Lounge OS - Outside CY - Courtyard	Tuck Shop Hours Tuesday's 11:00-12:00 Fireside Lounge Wednesday's In Each Home Area 		1 Canada Day 9:00 Calendar Visits 11:00 Canada Day Party Decorating 2:30 Canada Day Party! AHA (CY)	2 10:30 Coffee Corner (FL)
3 10:30 Walking Club 2:30 Hymn Sing	4 10:30 U.S.A Trivia 1:30 Physio Exercises (HV) 2:30 Pigs In A Blanket (HV)	5 10:00 Small Hooves, Big Hearts Pony Visit (OS) 1:30 Physio Exercises (HV) 2:30 Bingo (M) 6:30 Pub Cart	6 10:30 Beauty Hour 11:30 Bus Outing AHA - Peterborough Lift Lock Cruise *Must Sign Up* 1:30 Physio Exercises (HV) 2:30 Bocce Ball AHA (FL)	7 10:30 Garden Club 1:30 Physio Exercises (HV) 2:30 Popsicle Party (CY)	8 10:30 Firefly Jars AHA (T) 10:45 Daily Bread 12:00 BBQ Lunch with Entertainment by Sean Roberts *Must Sign Up* 1:30 Physio Exercises (HV) 2:00 Travelogue 2:15 Seated Zumba (FL)	9 10:30 Coffee Corner (FL)
10 10:00 Montessori Hour 2:00 Root Beer Floats	11 10:00 Music with Yara (FL) 1:30 Physio Exercises (HV)	12 10:30 Chapel Service with Gaitree (C) 1:30 Physio Exercises (HV) 2:30 Bingo (M) 6:30 Movie Night	13 9:30 Fishing at Shimano Fishing Pond *Must Sign Up* 10:30 Upcycle Craft 1:30 Physio Exercises (HV) 1:30 Bus Outing AHA- Lavender Fields *Must Sign Up* 2:30 Bowling AHA (FL)	14 10:30 Garden Club 1:30 Physio Exercises (HV) 2:00 Art Class with James (FL) 2:15 Bike Rides AHA 6:30 Campfire Night with Entertainment by Phil & Glen (FL)	15 9:15 Hand Massages 10:30 Christmas In July (FL) 1:30 Physio Exercises (HV) 2:30 Patio Drinks AHA (CY)	16 10:30 Coffee Corner (FL) 2:00 Birthday Committee Meeting (T)
17 10:30 Walking Club 2:30 Finish The Lyric	18 10:30 Remembering Famous TV Mom's 1:30 Physio Exercises (HV) 2:30 Movin' Stories	19 10:30 Chapel Service with Gaitree (C) 1:30 Physio Exercises (HV) 2:30 Bingo (M) 6:30 Evening Stroll	20 1:30 Physio Exercises (HV) 2:00 Scenic Bus Drive 2:30 Axe Throwing AHA (FL) 6:30 Bus Outing AHA - Peterborough Music Fest - The Last Waltz	21 10:30 Garden Club 11:00 Catholic Mass with Fr. Tony (C) 1:30 Physio Exercises (HV) 2:00 Art Class with James (FL) 3:30 One to One Program with Nicole	22 9:30 10:30 Pottery Hour AHA (T) 12:00 BBQ Lunch with Entertainment by Robert D'Cruz *Must Sign Up* 1:30 Physio Exercises (HV) 2:00 Word Games 2:15 Seated Zumba (FL)	23 10:30 Coffee Corner (FL) 2:00 Beauty Hour
24 10:00 Montessori Hour 2:00 Nature Bingo (OS)	25 10:00 Resident Council & Food Committee Meeting (C) 1:30 Physio Exercises (HV) 2:30 Around The World - France AHA (FL) 6:30 Documentary Hour	26 10:30 Chaplain Visits with Gaitree 1:30 Physio Exercises (HV) 2:30 Bingo (M) 6:30 Movie Night	27 9:30 Bus Outing AHA - Cobourg Beach *Must Sign Up* 10:30 Painting with Nicole 1:30 Physio Exercises (HV) 2:00 Scenic Bus Drive (H) 2:30 Parachute AHA (FL)	28 10:30 Garden Club 1:30 Physio Exercises (HV) 2:30 Birthday Party with Entertainment by Rob & Carling (FL)	29 10:30 Lolli Pop Social AHA (HV) 1:30 Physio Exercises (HV) 2:30 Patio Drinks AHA (CY)	30 10:30 Coffee Corner (FL)
31 10:30 Walking Club 2:30 Catch of The Day						



July 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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LOCATION LEGEND
 AHA - All Home Areas
 C - Chapel
 T - Trail Dining Room
 M - Millpond Dining Room
 HV - Harvest Dining Room
 H - Heritage Dining Room
 FL - Fireside Lounge
 OS - Outside
 CY - Courtyard

Tuck Shop Hours
 Tuesday's 11:00-12:00
 Fireside Lounge
 Wednesday's In Each
 Home Area




1 Canada Day
 9:00 Calendar Visits
 11:00 Canada Day Party
 Decorating
 2:30 Canada Day Party!
 AHA (CY)

2
 10:30 Coffee Corner (FL)
 2:00 Beauty Hour

3
 10:00 Stretchy Sunday
 (CY)
 2:00 Men's Group

4
 9:30 Physio Exercises (T)
 2:30 Dance Crew
 6:15 Rockin' Records

5
 9:30 Physio Exercises (T)
 10:00 Small Hooves, Big
 Hearts Pony Visit (OS)
 10:30 Library Cart
 2:30 Bingo (M)

6

 9:30 Physio Exercises (T)
 10:30 Daily Bread
 11:30 Bus Outing AHA -
 Peterborough Lift Lock
 Cruise *Must Sign Up*
 2:30 Bocce Ball AHA (FL)

7
 9:30 Physio Exercises (T)
 10:00-11:00 Pet Therapy
 Visits with Copper (T & H)
 2:30 Popsicle Party (CY)
 6:30 Evening Stroll

8
 9:30 Physio Exercises (T)
 10:30 Firefly Jars AHA (T)
 12:00 BBQ Lunch with
 Entertainment by Sean
 Roberts *Must Sign Up*
 2:15 Seated Zumba (FL)
 2:30 Garden Club

9
 10:30 Coffee Corner (FL)

10
 10:30 Hymn Sing


11
 9:30 Physio Exercises (T)
 10:00 Music with Yara (FL)
 10:30 Floral Arranging
 2:30 Baking with Kyla

12
 9:30 Physio Exercises (T)
 10:30 Chapel Service with
 Gaitree (C)
 10:30 Garden Club
 2:30 Bingo (M)

13
 9:30 Bus Outing AHA - Fishing
 at Shimano Fishing Pond *Must
 Sign Up*
 9:30 Physio Exercises (T)
 10:30 Documentary Hour
 1:30 Bus Outing AHA-
 Lavender Fields *Must Sign Up*
 2:30 Bowling AHA (FL)

14
 9:30 Physio Exercises (T)
 10:00-11:00 Pet Therapy Visits
 with Copper (T & H)
 2:00 Art Class with James (FL)
 2:15 Bike Rides AHA
 6:30 Campfire Night with
 Entertainment by Phil & Glen
 (FL)

15
 9:30 Physio Exercises (T)
 10:30 Christmas In July
 (FL)
 10:45 Garden Club
 2:00 Travelling Treats
 2:30 Patio Drinks AHA
 (CY)

16
 10:30 Coffee Corner (FL)
 2:00 Birthday Committee
 Meeting (T)
 3:30 Beauty Hour

17
 10:00 Daily Bread
 2:00 Men's Group

18
 9:30 Physio Exercises (T)
 2:30 Dance Crew
 6:15 Comedy Hour

19
 9:30 Physio Exercises (T)
 10:30 Chapel Service with
 Gaitree (C)
 10:30 Paint By Numbers
 (CY)
 2:30 Bingo (M)

20
 9:30 Physio Exercises (T)
 2:00 Scenic Bus Drive
 2:30 Axe Throwing AHA
 (FL)
 6:30 Bus Outing AHA -
 Peterborough Music Fest
 - The Last Waltz

21
 9:30 Physio Exercises (T)
 10:00-11:00 Pet Therapy Vis-
 its with Copper (T & H)
 11:00 Catholic Mass with Fr.
 Tony (C)
 2:00 Art Class with James
 (FL)
 2:30 Garden Club
 6:30 Movie Night

22
 9:30 Physio Exercises (T)
 10:30 Pottery Hour AHA
 (T)
 12:00 BBQ Lunch with
 Entertainment by Robert
 D'Cruz *Must Sign Up*
 2:15 Seated Zumba (FL)
 2:30 Name That Tune

23
 10:30 Coffee Corner (FL)

24
 10:30 Morning Music
 2:30 Chair Yoga

25
 9:30 Physio Exercises (T)
 10:00 Resident Council &
 Food Committee Meeting
 (C)

26
 9:30 Physio Exercises (T)
 10:30 Chaplain Visits with
 Gaitree
 10:30 Garden Club
 2:30 Bingo (M)

27
 9:30 Physio Exercises (T)
 9:30 Bus Outing AHA -
 Cobourg Beach *Must
 Sign Up*
 2:00 Scenic Bus Drive
 2:30 Parachute AHA (FL)

28
 9:30 Physio Exercises (T)
 10:00-11:00 Pet Therapy
 Visits with Copper (T & H)
 2:30 Birthday Party with
 Entertainment by Rob &
 Carling (FL)
 6:30 Evening Stroll

29
 9:30 Physio Exercises (T)
 10:30 Lolli Pop Social
 AHA (HV)
 2:30 Patio Drinks AHA
 (CY)

30
 10:30 Coffee Corner (FL)
 2:00 Beauty Hour

31
 10:00 Stretchy Sunday
 (CY)
 2:00 Ice Cream Sundaes

31
 10:30 Scrapbooking Club
 2:30 Around The World -
 France AHA (FL)



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Tuck Shop Hours
 Tuesday's 11:00-12:00
 Fireside Lounge
 Wednesday's In Each
 Home Area



1 Canada Day
 9:00 Calendar Visits
 11:00 Canada Day Party
 Decorating
 2:30 Canada Day Party!
 AHA (CY)

2
 10:30 Coffee Corner (FL)

3
 10:00 Reading Club
 2:00 Wood Working

4
 2:30 All About U.S.A
 6:30 One to One Program
 with Sierra

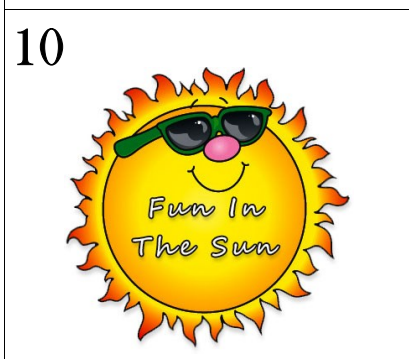
5
 10:00 Small Hooves, Big
 Hearts Pony Visit (OS)
 2:30 Craft Corner
 2:30 Bingo (M)
 6:30 Movie Night

6
 11:30 Bus Outing AHA -
 Peterborough Lift Lock
 Cruise *Must Sign Up*
 2:30 Bocce Ball AHA (FL)

7
 9:15 Montessori Hour
 10:00-11:00 Pet Therapy
 Visits with Copper (T & H)
 11:00 Word Games
 2:30 Popsicle Party (CY)

8
 9:15 Montessori Hour
 10:00 Physio Exercises (H)
 10:30 Firefly Jars AHA (T)
 12:00 BBQ Lunch with
 Entertainment by Sean Roberts
 Must Sign Up
 1:30 Physio Exercises (HV)
 2:15 Seated Zumba (FL)
 2:30 Sing-A-Long

9
 10:30 Coffee Corner (FL)
 10:45 Sing-A-Long
 2:30 Matching Game



11
 9:15 Hand Massages
 10:30 Flower Arranging (T)
 2:00 Music with Yara (H)
 3:00 Paper Deliveries

12
 10:30 Chapel Service with
 Gaitree (C)
 2:30 Craft Corner
 2:30 Bingo (M)
 6:30 Movie Night

13
 9:30 Fishing at Shimano
 Fishing Pond *Must Sign
 Up*
 1:30 Bus Outing AHA-
 Lavender Fields *Must
 Sign Up*
 2:30 Bowling AHA (FL)

14
 9:15 Montessori Hour
 10:00-11:00 Pet Therapy Visits
 with Copper (T & H)
 11:00 Word Games
 2:00 Art Class with James (FL)
 2:15 Bike Rides AHA
 2:30 Garden Club
 6:30 Campfire Night with
 Entertainment by Phil & Glen (FL)

15
 9:15 Montessori Hour
 10:00 Physio Exercises (H)
 10:45 Let's Travel
 10:30 Christmas In July
 (FL)
 2:00 Sing-A-Long
 2:30 Patio Drinks AHA (CY)

16
 10:30 Coffee Corner (FL)
 2:00 Birthday Committee
 Meeting (T)

17
 10:00 Reading Club
 2:00 Wood Working

18
 2:30 Catch of The Day
 6:30 One to One Program
 with Sierra

19
 10:30 Chapel Service with
 Gaitree (C)
 2:30 Craft Corner
 2:30 Bingo (M)
 6:30 Movie Night

20
 10:30 What's That Noise?
 2:00 Scenic Bus Drive
 2:30 Axe Throwing AHA
 (FL)
 6:30 Bus Outing AHA -
 Peterborough Music Fest -
 The Last Waltz

21
 9:15 Montessori Hour
 10:00-11:00 Pet Therapy Visits
 with Copper (T & H)
 11:00 Catholic Mass with Fr.
 Tony (C)
 11:00 Word Games
 2:00 Art Class with James (FL)
 2:30 Garden Club

22
 9:15 Montessori Hour
 10:00 Physio Exercises (H)
 10:30 Pottery Hour AHA (T)
 12:00 BBQ Lunch with
 Entertainment by Robert
 D'Cruz *Must Sign Up*
 2:15 Seated Zumba (FL)
 2:30 Sing-A-Long

23
 10:30 Coffee Corner (FL)
 10:45 Hymn Sing
 2:30 What's That Smell?

24
 10:00 Reading Club
 2:00 Wood Working

25
 9:15 Baking with Abby
 10:00 Resident Council &
 Food Committee Meeting
 (C)
 11:00 Hand Massages
 2:30 Around The World -
 France AHA (FL)
 2:30 Paper Deliveries

26
 10:30 Chaplain Visits with
 Gaitree
 2:30 Craft Corner
 2:30 Bingo (M)
 6:30 Movie Night

27
 9:30 Bus Outing AHA -
 Cobourg Beach *Must Sign
 Up*
 10:30 Give Me 5
 2:00 Scenic Bus Drive
 2:30 Parachute AHA (FL)

28
 9:15 Montessori Hour
 10:00-11:00 Pet Therapy
 Visits with Copper (T & H)
 11:00 Word Games
 2:30 Birthday Party with
 Entertainment by Rob &
 Carling (FL)

29
 9:15 Montessori Hour
 10:00 Physio Exercises (H)
 10:30 Lolli Pop Social AHA
 (HV)
 10:45 Let's Travel
 2:00 Sing-A-Long
 2:30 Patio Drinks AHA (CY)

30
 10:30 Coffee Corner (FL)